

E13 BBQ HOUSE

SIDES EXTRA £ 5

Arroz / Rice V
Feijão / Beans V
Batata frita/ Chips V
Salada / Salad V

Vinagrete /Vinaigrette V
Couve/ Cabbage V
Pão de Alho/ Garlic Bread V
Banana / Plantain V

KIDS MENU £ 8

Bife de Boi — servido com fritas, arroz e feijão
Beef Steak — served with fries, rice and beans
Filé de Frango — servido com fritas, arroz e feijão
Chicken Fillet — served with fries, rice and beans
Asinhas de Frango— servido com fritas, arroz e feijão
Chicken Wings — served with fries, rice and beans

SOBREMESAS / DESERTS £ 6

Sobremesa do Dia
Disponível conforme nossa seleção diária
Dessert of the Day
Options vary, please ask our staff

Mousse
Maracujá / Passion fruit
Manga / Mango

Arroz Doce/ Pudim Rice
Pudim de Leite Condensado
Condensed Milk Pudding

Açaí
Açaí is a small, dark purple berry that grows on the açaí palm tree in the Amazon rainforest. Known as a superfruit, it's rich in antioxidants, fiber, and healthy fats.

CAFÉS | COFFEE SELECTION

Espresso £ 1.5
Double Espresso £ 2.0
Cappuccino £ 3

Latte /Cafe com Leite £ 3
Tea £ 1.5
Hot Chocolate £ 3

ATENÇÃO! | ATTENTION!
ALERGIAS ALIMENTARES
POR FAVOR, INFORME AO ATENDENTE CASO TENHA ALGUMA ALERGIA ALIMENTAR.
FOOD ALLERGIES
PLEASE INFORM THE STAFF IF YOU HAVE ANY FOOD ALLERGIES.

337 Barking Road E13 8EE

E13 BBQ HOUSE

• • • ENTRADAS/SNACKS • • •

Azeitonas V	£ 4	Picanha Acebolada & Mandioca	£ 18
Olives		Rump Cap, Onions & Cassava	
Azeitonas & Queijo	£ 6	Feijão Tropeiro	£ 10
Olives & Cheese		Tropeiro Beans, Pork & Eggs	
Pão de Queijo 10 unidades	£ 10	Torresminho à Moda da Casa	£ 5
Brazilian Cheese Bread -10 pieces		House-Style Pork Crackling	
Palmito V	£ 5	Asinha Stilo Frango Passarinho	£ 10
Palm Heart		Wings Brazilian Style-10 pieces	
Queijo Coalho Grill	£ 8	Coração de Frango Acebolado	£ 10
Halloumi Grill		Chicken Heart with Onions	
Mandioca Frita V	£ 8	Calabreza Acebolada	£ 13
Fried Cassava		Calabreza Sausage & Onions	
Bolinho de Mandioca- 8 unidades V	£ 8	Linguiça Brasileira Acebolada	£ 13
Special Cassava Fries - 8 pieces		Brazilian Sausage & Onions	
Mandioca & Banana Frita. V	£ 12	Moelas (servida com Pão)	£ 10
Fried Cassava & Platain		Chicken Gizzard & Bread	
Kibe - 8 unidades	£ 10	Picadinho de Entremeadado Acebolado	£ 16
Minced beef Croquette-8 pieces		Seasoned Pork Belly Bites & Onions	
Coxistela -10 unidades	£ 10	Queijo Coalho Artesanal	£ 7
Brazilian RIBS Croquette- 10 pieces		Artisanal Grilled Coalho Cheese	
Coxinha - 10 unidades	£ 10	Sabor Vegano da Casa V	£ 12
Brazilian Chicken Croquette-10 pieces		Cebola Gratinada,	
Risoles de Queijo - 10 unidades	£ 10	Banana da Terra Frita, Tomate,	
Breaded Cheese Rissoles-10 pieces		Pimentões, Azeitonas & Palmito	
Bolinho de Bacalhau- 12 unidades	£ 14	House Vegan Flavor	
Cod Fish Cake - 12 pieces		Grilled Onion, Fried Plantains,	
		Tomatoes, Peppers, Olives & Palm Heart	

House Special £ 25

• • • **Picanha Acebolada, Fritas & Queijo** • • • • •
Picanha, Onions, Fries & Cheese

Brazilian Special £ 22

• • • **Tábua de Torresmo & Mandioca** • • • • •
Crispy Pork Belly & Cassava

• • • • • SEAFOOD • • • • •

Camarão ao Alho e óleo 8 unidades	£ 14	Calamari a Dorê	£ 13
Praws in Garlic Oil -8 pieces		Fried Squid	
Camarão ao Molho e Pão- 8 unidades	£ 16	Isca de Tilápia	£ 13
Praws in Sauce & Bread -8 pieces		Tilápia Bait	

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... SOFT DRINKS ...

£ 3	£ 3
Suco Natural Natural fruit juice	Polpas de Frutas Fruit Pulps
Abacaxi Natural	Maracujá/ Passion Fruit
Fresh Pineapple	Manga / Mango
Laranja Natural	Goiaba/ Guava
Fresh Orange	Caju Brazilian Fruit
Limonada	
Lemonade	
£ 2	
Água Natural	
Água com gás	
Still water	
Sparkling water	
£ 2	
Refrigerante Lata 330ml	
Fizzy Drinks 330 ml	
Guaraná	
Coca Cola	
Fanta	
Sprite	
£ 3	
Bottle 300 ml	
Coca Cola	
Fanta	
Sprite	
£ 5	
Bottle 500 ml	
Coca Cola	
Fanta	
Mixers £ 3	
Schweppers	
Red bull	
Tonic	

... BEERS ...

330 ml	£ 3.5
Heineken	
Corona	
Super Bock	
Sagres	
660 ml	£ 6
Heineken	
Corona	
Super Box	
Antartica BR	£9
Pint	
Corona	£ 6
Sagres	£ 6

Vinho / Wine

Vermelho/ Red		
EA	125ml- £ 8	£ 22
Monte Velho		£ 22
House wine		£ 20
Branco/ White		
House Wine.	125ml- £ 6	£ 20
Vina Sol		£ 20
Rose		
Various.	125ml- £ 6	£ 20
Verde/ Green Wine		
Various		£ 20
Procecco		
Various, Ask The House		

Whiskey JD	
Single	£ 8
Double	£ 12
Campari	£ 8
Vodka	£ 6
Tekila	£ 6
Cachaça	£ 6

... COCKTAILS ...

Caipirinha	£ 9	Jarra de Sangria	£ 22 -	Taça	£ 8
Lime, Passion Fruit, Strawberry		Sangria Jug	£ 22 -	Glass	£ 8
Cozumel.	£ 7				
Lime, Beer					
Caipibeer.	£ 12				
Lime, Sugar, Cachaca, Beer					

E13 BBQ HOUSE

• • • PASTEL/ENVELOPE £6 • • •

PASTÉIS SERVIDOS COM VINAGRETE
PASTRIES SERVED WITH VINAIGRETTE

Queijo
Cheese
Carne
Minced Beef
Frango
Chicken
Palmito V
Palm Heart

Banana & Nutela Sweet
Banana & Nutella

Pizza
Ham, Cheese & Oregano
Carne & Queijo
Minced Beef & Chesse
Frango & Requeijão
Chicken & Cream Cheese
Palmito & Queijo
Palm Heart & Cheese

• • • CALDOS/BROTHS £7 • • •

Costela & Mandioca
Ribs & Cassava
Feijão & Bacon
Beans & Bacon
Frango
Chicken

Caldo de Mocotó
Mocotó Broth (Beef Trotter Soup)
— A traditional Brazilian soup
made with beef trotters,
vegetables, and special
seasonings, served hot.

• • • • • HOUSE SPECIAL £16 • • • • •

Pão com Costela
Pão artesanal recheado com costela bovina desfiada e temperada.
Costela assada, Cebola, Tomate, Salada

Beef Rib Sandwich
Artisan bread filled with shredded and seasoned beef ribs.
Roast Rib, Onion, Tomato, Salad

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MAIN GRILL

Acompanhamentos: Arroz e Feijao / Fritas e Salada
Sides : Rice and brown Beans / Fries and Salad

Costela no Osso	£ 20	Mix Grill	£ 24
Para se Deliciar, macia, sabor marcante		Picanha,Barriga Suina ,Frango ,Linguiça	
Bone-In Ribs		Rump Cap,Pork Belly,Chicken Fillet,Sausage	
Made to Delight		Picanha Saborosa	£ 20
Juicy and deeply flavorful.		Rump Cap Delicious Flavor	
Porco Tempero do Chefe	£ 16	Picadinho Suíno ao Temperos Rústicos	£ 16
Macia, suculenta com tempero especial		Rustic-Style Seasoned Pork Bites	
do Chefe		Filé de Frango Suculento	£ 14
Chef's Seasoned Pork		Juicy Chicken Breast	
Tender, juicy with the Chef's special		Robalo Grelhado	£ 22
seasoning		Sea Bass Grill	
Bife Ancho (Ribeye Steak)	£ 25		
Corte nobre e suculento, grelhado no			
ponto perfeito			
Ribeye Steak			
Premium and juicy cut, grilled to			
perfection			

MAIN SPECIAL

Parmegiana Bife, Arroz & Fritas	£ 22	Bacalhau & Vegetais	£ 22
Parmigiana Steak, Rice & Fries		Cod Fish & Vegetables	
Parmegiana de Frango,Arroz & Fritas	£ 17	Moqueca de Peixe & Pirão	£ 20
Chicken Parmigiana, Rice & Fries		Fish Stew & Pirão	
Feijoada Brasileira	£ 15	Robalo & Vegetais	£ 24
Slow cooked Black Bean,Pork Sausage		Sea Bass & Vegetables	
and Beef,Rice,Gabbage,			
toasted Cassava Flour,Orange			

PERFECT FOR SHARING

Picanha E13 / Rump Steak E13 (1 kg)	£ 60
Picanha, Arroz, Feijão Tropeiro, Vinagrete, Mandioca, Fritas	
Rump Cap, Rice,Tropeiro Beans,Vinaigrette,Cassava, Fries	
Costela Bovina / Beef Ribs (3 Ribs)	£ 55
Costela Bonia para deliciar, Arroz, Feijão Tropeiro, Vinagrete, Mandioca, Fritas	
Ribs to delight, Rice, Tropeiro Beans ,Vinaigrette, Cassava, Fries	
Costela Bovina & Picanha (2 costelas e 3 Picanha)/Beef Ribs & Rump Steak (2 Ribs & 3 Rump Cap)	£ 65
Costela Bonia para deliciar, Arroz, Feijão Tropeiro, Vinagrete, Mandioca, Fritas	
Ribs to delight, Rice, Tropeiro Beans ,Vinaigrette, Cassava, Fries	